If you are injured on the job:

1. Notify your employer or supervisor at once. You cannot receive full benefits unless your employer believes that you have lost time because of your injury. You may be entitled to receive partial benefits even if your injury does not prevent you from reporting to work.

2. You must file a written Notice of Injury with the Maryland Claimant’s Claims Review Council (MCCR) within 30 days of the injury. This notice must be printed on 8.5” x 14” gold or yellow paper, display complete employer information and be presented to MCCR to the Department of Labor, Employment Article, Title 8, Sec. 8-603.

3. If you are covered under the Maryland Workers’ Compensation law, you may be entitled to receive medical benefits and compensation benefits, such as partial loss of income.

workers’ compensation

Labour Law Postings

PREGNANT AND WORKING

Know Your Rights!

If you are pregnant, you have a legal right to be treated equally by your employer, including:

• A right to equal pay for equal work
• The right to request reasonable accommodation
• The right to refuse an assigned job

What Does ‘Minimum Wage’ Mean?

The term “minimum wage” refers to the lowest hourly rate of pay that employers in Maryland are required to pay their employees by law. The current minimum wage rate is $13.25 per hour as of January 1, 2024. This amount does not include tips and other tips earned.

What If I Am A Victim Of Discrimination?

State of Maryland Commission on Civil Rights

¿Qué Hacer si Sufre Una Lesión en el Trabajo?

1. Si le sucede una lesión en el trabajo, debe:
2. No podría recibir todos sus beneficios a menos que su empleador cree que ha perdido tiempo debido a su lesión. Puede recibir beneficios parciales incluso si su lesión no le impide reportarse al trabajo.

3. Si es cubierto por la ley de compensación por accidentes laborales de Maryland, puede estar calificado para recibir beneficios médicos y compensatorios, como percatamiento parcial.

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